

SYLLABUS

KINE 1208 Fundamentals of Human Movement Spring 2024 – School of Public Allied & Health

General Course Information

	Marquie Brown (Coach Brown)
Section # andCRN:	23461 – P02
Office Location:	Leroy Moore Gym (Adjunct Office)
Office Phone:	936-261-3901
Email Address:	Madbrown@pvamu.edu
Office Hours:	TBD
Mode of Instruction:	Face-to-Face
Course Location:	Leroy Moore Gym
Class Days &Times:	T/TH 11:00am/ 11:50am
Catalog Description:	Theory and practice in movement improvisation, exploration, andrhythmic exercising methods and fundamentals of presenting creative and rhythmic activities to elementary age children.
Prerequisites:	N/A
Co-requisites:	N/A
Required Text(s):	Abernathy, B, Kippers, V., S.J., Pandy, M. G., McManus, A.M., Mackinnon, L.(2013). Biophysical Foundations of Human Movement, 3rd edition, Champaign, IL: Human Kinetics. http://www.humankinetics.com/products/all-products/biophysical-fo undations-of-human-movement-3rd-edition
Recommended Text(s):	American Psychological Association (2010). Publication Manual of the American Psychological Association, 6th edition. Washington, D.C.: American Psychological Association.
Remind AppCode	

Course Learning Outcomes:

Upon successful completion of this course, students will beable to:	Program Learning Outcome Alignment	Shape Standards
Evaluate competent motor skill performance in a variety of movements in motor development across a lifespan.	SLO#4	Std. #1 Std.#5

2. Demonstrate how human movement knowledge can be applied to diverse populations involved in sport, physical activity, and play.	SLO#4SLO#3	Std.#1 Std.#2 Std.#5
3. Utilize technology to communicate written, oral, and visualinformation to diverse populations.	SLO#1SLO#5	Std.#5

Major Course Requirements

Method of Determining Final Course Grade

Course Grade Requirement	Value	Total
1. Quizzes (Q)	14 x 1.5	20
2. Discussion / Attendance	14 x 1.5	20
3. Midterm Exam Chapters 1, 3-5, and 7-9	30	30
4. Final Exam Chapters 11-13, 15-17, and 19-20	30	30
Total:	100	100

Course Grade Requirement Table

Grading Criteria and Conversion:

A = 90- 100%

B = 89-80

C = 79-70

D = 69-60

F= 59 or below

Detailed Description of Major Assignments:

Assignment Title or Grade Requirement	Description
1. Quizzes (Content Lecture	Multiple Choice-True/False questions quizzes will take place at the end of each
and Definitions)	chapter lecture.
2. Discussion Activities (In	Each week Candidates will complete a chapter "In Focus" activity. The activities
Focus)	are designed to aid in the identification of key concepts and human movement
,	definitions; and, allow Candidates to comprehend how human movement
	knowledge can be applied to diverse populations involved in sport, physical
	activity, and play. See Formatting Documents for assignment submission.
3. Midterm Exam & Final	Candidates will have two exams that include the Midterm and Final Exam. The
Exam (Multiple Choice and	exams will consist of fifty (50) multiple choice and true/false questions similar to
True False)	the questions formatting for weekly quizzes. The respective exams will be
	delivered through Canvas. Candidates can utilize text book, course lecture notes,
	and course activities to aid during the examination. The Midterm and Final Exams
	are worth 30 points each. See "Semester Calendar" for exam dates.

Detailed Description of Major Assignments Table

Course Procedures or Additional Instructor Policies

A complete change from lecture class, work, or professional wear is required.

ACCEPTABLE ATTIRE:

- Athletic shirts or T-shirts
- Wide strap tank tops
- Athletic shorts or shorts with an elastic waist
- Leggings
- Socks
- Tennis shoes.

NON-ACCEPTABLE ATTIRE:

- For safety and liability reasons, the following clothing & footwear items are prohibited but not limited to:
 - Sleeved crop tops (that reveal ribs and stomach), shirts without hemmed edges around openings, bonnets, Durags
 - Racer back, open back, or spaghetti strap shirts
 - Shirts/shorts that contain sexual, racial, profane, inflammatory, or otherwise offensive language or artwork.
 - Shorts with belt loops or zippers, jeans, belts, cutoff shorts, street clothing,
 - Street shoes, open-toe shoes, sandals, flip-flops, crocs, ballet flats, dress shoes, boots, or hard-soled shoes, etc.

Students are NOT permitted to participate in physical activities if not appropriately attired. The instructor may decide the consequence for the student not appropriately attired for class participation.

Attendance

A daily record of attendance will still be kept and excessive absences will affect your final grade.

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If absent, students are to produce university-authorized excuses or proper documentation to the instructor:

- a) PRIOR to any foreseen absence, and/or
- b) IMMEDIATELY UPON RETURN of subsequent class meeting.
- c) 3 absences will be subjected to a full letter grade drop.

Excessive tardiness will NOT be tolerated. A student will be rendered ABSENT 15 minutes after class has commenced.

Submission of Assignments

When applicable, work should be submitted utilizing APA (American Psychological Association) style.

All assignments must be typed, double –spaced, multiple pages stapled and must include a title page. Teacher educator candidates are responsible and expected to attend each class, contribute to class activities and or discussions. Teacher educator candidates should complete all assignments on or before their expected due dates. It is the responsibility of the TEC to make sure they can log on and submit work to the e-course portal. All in class activities must be completed in class. **NO LATE WORK WILL BE ALLOWED**, unless under documented emergencies (See Student Handbook).

In addition, points will be deducted for typographical, grammatical and sentence structure errors.

Retainment of Assignments and Exams

After the teacher education candidate has seen his/her grade, the instructor reserves the right to retain all assignments and examinations completed by the teacher education candidate.

Penalties for Late Assignments

Assignments must be submitted during the first ten minutes of class on the scheduled due date. Ten points will be deducted each day for up to five days on late assignments. Assignments will not be accepted after five days.

In the case of an excused absence, teacher education candidates may submit documents within two days of returning to class without penalty.

Each teacher education candidate is responsible for submitting all work on the scheduled due date whether present or not.

Formatting Documents

Microsoft Word is the standard word processing tool used at PVAMU. If you are using other word processors, be sure to use the —save asl tool and save the document in either the Microsoft Word, Rich-Text, or plain text format.

Exam Policy

Exams should be taken as scheduled. No makeup examinations will be allowed except under documented emergencies (See Student Handbook).

The instructor reserves the right to determine if a candidate's footwear and clothing are safe to wear during class activities. A candidate without proper footwear and/or attire will be counted absent, not allowed to participate, and may be asked to leave

Semester Calendar

Week Description

Week One: [Course, Discussion of assignments]

Topic Description

Readings: Assignment (s): Week Two:

Topic Description Part I: Introduction to Human Movement Studies

Readings: Chapter 1: Human movement studies as a discipline and profession.

Assignment (s): Quiz and Discussion Questions see Canvas

Week Three:

Topic Description Part II: Anatomical Bases of Human Movement Functional Anatomy

Readings: Chapter 3: Basic concepts of the musculoskeletal system.

Assignment (s): Quiz and Discussion Questions see Canvas

Week Four:

Topic Description Chapter 4 Basics concepts of anthropometry

Readings:

Assignment (s): Quizzes and Discussion Questions See Canvas

Week Five:

Topic Description Chapter 5 Musculoskeletal

Readings:

Assignment (s): Quiz and Discussion Questions See Canvas

Week Six:

Topic Description Midterm Exam (See Canvas)

Readings: Assignment (s):

Week Seven:

Part III: Mechanical Bases of Human Movement: Biomechanics **Topic Description**

Chapter 7 Basic concepts of kinematics and kinetics Readings: Assignment (s): Quiz and Discussion Questions see Canvas

Week Eight:

Topic Description Chapter 8 Basics Concepts of energetics Assignment Quiz and Discussion Questions see Canvas

Week Nine:

Topic Description Chapter 9 Biomechanics across the life span

Quiz and Discussion Questions see Canvas

Assignment (s):

Week Ten: Part IV: Physiological Bases of Human Movement: Exercise Physiology

Topic Description Chapter 11 Basic Concepts of exercise metabolism

Readings: Quiz and Discussion Questions see Canvas

Assignment (s):

Week Eleven:

Topic Description Chapter 12 Basic concepts of nutrition and exercise

Readings: Assignment (s): Week Twelve:

Topic Description

Chapter 13 Physiological capacity across the life span

Readings: **Quiz and Discussion Questions**

Assignments

Week Thirteen:

Topic Description Readings:

Part V: Neural Bases of Human Movement: Motor Control

Chapter 15: Basic concepts of motor control: Neuroscience perspectives

Assignment (s): Quiz and Discussion Questions

Week Fourteen:

Topic Description Chapter 16 Basic concepts of motor control: Cognitive Science Perspectives

Readings: Quiz and Discussion Questions

Week Fifteen: Part VI: Psychological Bases of Human Movement: Sport and Exercise

Topic Description Psychology

Readings: Chapters 19: Basic concepts in sport

psychology Assignment (s): Chapter 20: Basic concepts in

exercise psychology

Week Sixteen:

Topic Description Final Exam

(Comprehensive) Readings: Chapter 11-13, 15-

17, and 19-20Assignment (s):

Description of course assignments: It is the responsibility of the student to know if there are any changes regarding due dates or assignments. Please make sure you are checking canvas daily for any updates. Note: As the instructor, I may change the following assignments as necessary to meet the needs of the class. The syllabus is considered a tentative document and may be changed or updated without notice at the discretion of the instructor. The instructor reserves the right to drop any assignments, quizzes, exams etc. to the syllabus.

Student Support and Success

John B. Coleman Library

The John B. Coleman Library's mission is to enhance the scholarly pursuit of knowledge, to foster intellectual curiosity, and to promote life-long learning and research through our innovative services, resources, and cultural programs, which support the Prairie View A&M University's global mission of teaching, service, and research. It maintains library collections and access both on campus, online, and through local agreements to further the educational goals of students and faculty. Website: https://www.pvamu.edu/library/; Phone: 936-261-1500

Academic Advising Services

Academic Advising Services offers students a variety of services that contributes to student success and leads towards graduation. We assist students with understanding university policies and procedures that affect academic progress. We support the early alert program to help students get connected to success early in the semester. We help refer students to the appropriate academic support services when they are unsure of the best resource for their needs. Faculty advisors support some students in their respective colleges. Your faculty advisor can be identified in PantherTracks. Advisors with Academic Advising Services are available to all students. We are located across campus. Find your advisor's location by academic major at www.pvamu.edu/advising. Phone: 936-261-5911

The University Tutoring Center

The University Tutoring Center (UTC) offers free tutoring and academic support to all registered PVAMU students. The mission of the UTC is to help provide a solid academic foundation that enables students to become confident, capable, independent learners. Competent and caring staff and peer tutors guide students in identifying, acquiring, and enhancing the knowledge, skills, and attitudes needed to reach their desired goals. Tutoring and academic support are offered face-to-face in the UTC, in virtual face-to-face sessions (https://www.pvamu.edu/student-success/sass/university-tutoring-center/), and through online sessions (https://www.pvamu.edu/pvplace/). Other support services available for students include Supplemental Instruction, Study Break, Academic Success Workshops, and Algebra Study Jam. Location:

J. B. Coleman Library, Rm. 307; Phone: 936-261-1561; Email: pvtutoring@pvamu.edu; Website: https://www.pvamu.edu/student-success/sass/university-tutoring-center/

Writing Center

The Writing Center provides well-trained peer tutors to assist students with writing assignments at any stage of the writing process. Tutors help students with various writing tasks from understanding assignments, brainstorming, drafting, revising, editing, researching, and integrating sources. Students have free access to Grammarly online writing assistance. Grammarly is an automated proofreading and plagiarism detection

tool. Students must register for Grammarly by using their student email address. In addition, students have access to face-to-face and virtual tutoring services either asynchronously via email or synchronously via Zoom. Location: J. B. Coleman Library, Rm. 209; Phone: 936-261-3724; Website: https://www.pvamu.edu/student-success/writing-center/; Grammarly Registration: https://www.grammarly.com/enterprise/signup

Academic Early Alert

Academic Early Alert is a proactive system of communication and collaboration between faculty, academic advisors, and PVAMU students that is designed to support student success by promptly identifying issues and allowing for intervention. Academic Early Alerts help students by providing a central location to schedule advising appointments, view advisor contact information, and request assistance. Students who recognize that they have a problem that is negatively affecting their academic performance or ability to continue school may self-refer an Academic Early Alert. To do so, students will log in to PV Place and click Academic Early Alert on the left sidebar. Phone: 936-261-5902: https://www.pvamu.edu/student-success/early-alert/

Student Counseling Services

The Student Counseling Services unit offers a range of services and programs to assist students in maximizing their potential for success: short-term individual, couples, and group counseling, as well as crisis intervention, outreach, consultation, and referral services. The staff is licensed by the State of Texas and assists students who are dealing with academic skills concerns, situational crises, adjustment problems, and emotional difficulties. Information shared with the staff is treated confidentially and in accordance with Texas State Law. Location: Hobart Taylor, 2nd floor; Phone: 936-261-3564; Website: https://www.pvamu.edu/healthservices/student-counseling-services/

Office of Testing Services

Testing Services serves to create opportunities by offering a suite of exams that aid in the students' academic and professional success. Currently, we administer entrance (HESI A2), college readiness (TSI assessment), Prior Learning (CLEP, DSST), and proctored exams. Location: Wilhelmina Delco, 3rd Floor, Rm. 305; Phone: 936-261-3627; Email: aetesting@pvamu.edu; Website: www.pvamu.edu/testing

Office of Diagnostic Testing and Disability Services

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, contact the Office of Disability Services. As a federally-mandated educational support unit, the Office of Disability Services serves as the repository for confidential disability files for faculty, staff, and students. For persons with a disability, the Office develops individualized ADA letters of request for accommodations. Other services include learning style inventories, awareness workshops, accessibility pathways, webinars, computer laboratory with adapted hard and software, adapted furniture, proctoring non-standardized test administrations, ASL interpreters, ALDs, digital recorders, Livescribe, and a comprehensive referral network across campus and the broader community. Location: Hobart Taylor, Rm. 1D128; Phone: 936-261-3583; Website: https://www.pvamu.edu/disabilityservices/

Center for Instructional Innovation and Technology Services (CIITS)

Distance Learning, also referred to as Distance Education, is the employment of alternative instructional delivery methods to extend programs and services to persons unable to attend college in the traditional manner. The Center for Instructional Innovation and Technology Services (CIITS) supports student learning through online, hybrid, web-assist, and 2-way video course delivery. For more details and contact information, visit:

https://www.pvamu.edu/dlearning/distance-learning-2-2/students-2/: Phone: 936-261-3283

Veteran Affairs

Veterans Services works with student veterans, current military and military dependents to support their transition to the college environment and continued persistence to graduation. The Office coordinates and certifies benefits for both the G.I. Bill and the Texas Hazlewood Act. Location: Evans Hall, Rm. 102; Phone: 936-261-3563; Website: https://www.pvamu.edu/sa/departments/veteranaffairs/

Office for Student Engagement

The Office for Student Engagement delivers comprehensive programs and services designed to meet the co-curricular needs of students. The Office implements inclusive and accessible programs and services that enhance student development through exposure to and participation in diverse and relevant social, cultural, intellectual, recreational, community service, leadership development, and campus governance. Location: Memorial Student Center, Rm. 221; Phone: 936-261-1340; Website: https://www.pvamu.edu/studentengagement/

Career Services

Career Services supports students through professional development, career readiness, and placement and employment assistance. The Office provides one-on-one career coaching, interview preparation, resume and letter writing, and career exploration workshops and seminars. Services are provided for students at the Northwest Houston Center and College of Nursing in the Medical Center twice a month or on a requested basis. Distance Learning students are encouraged to visit the Career Services website for information regarding services provided. Location: Anderson Hall, 2nd floor; Phone: 936-261-3570; Website: https://www.pvamu.edu/careerservices/

University Rules and Procedures

Academic Misconduct

Academic dishonesty is defined as any form of cheating or dishonesty that has the effect or intent of interfering with any academic exercise or fair evaluation of a student's performance. The college faculty can provide additional information, particularly related to a specific course, laboratory, or assignment.

You are expected to practice academic honesty in every aspect of this course and all other courses. Make sure you are familiar with the *University Administrative Guidelines on Academic Integrity*, which can be found on the <u>Academic Integrity webpage</u>. Students who engage in academic misconduct are subject to university disciplinary procedures. As listed in the *University Administrative Guidelines on Academic Integrity*, the University Online Catalog, and the Student Code of Conduct, the following are examples of prohibited conduct. This list is not designed to be all-inclusive or exhaustive. In addition to academic sanctions, any student found to have committed academic misconduct that is also a violation of criminal law may also be subject to disciplinary review and action by the Office of Student Conduct (as outlined in the Student Code of Conduct).

Forms of Academic Dishonesty:

- Cheating: Deception in which a student misrepresents that he/she has mastered information on an
 academic exercise that he/she has not learned, giving or receiving aid unauthorized by the
 instructor on assignments or examinations. Examples: unauthorized use of notes for a test; using
 a "cheat sheet" on a quiz or exam; any alteration made on a graded test or exam which is then
 resubmitted to the teacher;
- 2. <u>Plagiarism</u>: Careless or deliberate use of the work or the ideas of another; representation of another's work, words, ideas, or data as your own without permission or appropriate acknowledgment. Examples: copying another's paper or answers, failure to identify information or essays from the internet and submitting or representing it as your own; submitting an assignment which has been partially or wholly done by another and claiming it as yours; not properly

- acknowledging a source which has been summarized or paraphrased in your work; failure to acknowledge the use of another's words with quotation marks;
- 3. <u>Collusion</u>: When more than one student or person contributes to a piece of work that is submitted as the work of an individual;
- 4. <u>Conspiracy</u>: Agreeing with one or more persons to commit an act of academic/scholastic dishonesty; and
- 5. <u>Multiple Submission</u>: Submission of work from one course to satisfy a requirement in another course without explicit permission. Example: using a paper prepared and graded for credit in one course to fulfill a requirement and receive credit in a different course.

Nonacademic Misconduct

The university respects the rights of instructors to teach and students to learn. Maintenance of these rights requires campus conditions that do not impede their exercise. Campus behavior that interferes with either (1) the instructor's ability to conduct the class, (2) the inability of other students to profit from the instructional program, or (3) campus behavior that interferes with the rights of others will not be tolerated. An individual engaging in such disruptive behavior may be subject to disciplinary action. The Office of Student Conduct will adjudicate such incidents under nonacademic procedures.

Sexual Misconduct

Sexual harassment of students and employees at Prairie View A&M University is unacceptable and will not be tolerated. Any member of the university community violating the university's sexual harassment policy will be subject to disciplinary action. In accordance with the Texas A&M University System guidelines, your instructor is obligated to report to the Office of Title IX Compliance (titleixteam@pvamu.edu) any instance of sexual misconduct involving a student, which includes sexual assault, stalking, dating violence, domestic violence, and sexual harassment, about which the instructor becomes aware during this course through writing, discussion, or personal disclosure. The faculty and staff of PVAMU actively strive to provide a learning, working, and living environment that promotes respect that is free from sexual misconduct, discrimination, and all forms of violence. If students, faculty, or staff would like assistance or have questions, they may contact the Title IX Coordinator at 936-261-2144 or titleixteam@pvamu.edu. More information can be found at www.pvamu.edu/titleix. including confidential resources available on campus.

Pregnancy, Pregnancy-related, and Parenting Accommodations

Title IX of the Education Amendments of 1972 prohibits sex discrimination, which includes discrimination based on pregnancy, marital status, or parental status. Students seeking accommodations related to pregnancy, pregnancy-related conditions, or parenting (reasonably immediate postpartum period) are encouraged to contact Student Disability Services or the Dean of Students' Office for additional information and to request accommodations.

Non-Discrimination Statement

Prairie View A&M University does not discriminate on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, or gender identity in its programs and activities. The University is committed to supporting students and complying with The Texas A&M University System non-discrimination policy. It seeks to establish an environment that is free of bias, discrimination, and harassment. If you experience an incident of discrimination or harassment, we encourage you to report it. If you would like to speak with someone who may be able to afford you privacy or confidentiality, there are individuals who can meet with you. The Director of Equal Opportunity & Diversity has been designated to handle inquiries regarding the non-discrimination policies and can be reached at Harrington Science Building, Suite 109 or by phone at 936-261-1744 or 1792.

Class Attendance Policy (See the University Online Catalog for Full Attendance Policy)

Prairie View A&M University requires regular class attendance. Attending all classes supports the full academic development of each learner, whether classes are taught with the instructor physically present

or via distance learning technologies such as interactive video and/or the internet. Excessive absenteeism, whether excused or unexcused, may result in a student's course grade being reduced or in the assignment of a grade of "F." Absences are accumulated beginning with the first day of class during regular semesters and summer terms. Each faculty member will include the University's attendance policy in each course syllabus.

Student Academic Appeals Process

Authority and responsibility for assigning grades to students rest with the faculty. However, in those instances where students believe that miscommunication, errors, or unfairness of any kind may have adversely affected the instructor's assessment of their academic performance, the student has a right to appeal by the procedure listed in the University Online Catalog and by doing so within thirty days of receiving the grade or experiencing any other problematic academic event that prompted the complaint.

Technical Considerations

Minimum Recommended Hardware and Software:

- Intel PC or Laptop with Windows 10 or later version; Mac with OS High Sierra*
- Smartphone or iPad/Tablet with Wi-Fi*
- High-speed Internet access
- 8 GB Memory
- Hard drive with 320 GB storage space
- 15" monitor, 800x600, color or 16 bit
- Sound card w/speakers
- Microphone and recording software
- Keyboard & mouse
- Most current version of Google Chrome, Safari, or Firefox

Note: Be sure to enable Java & pop-ups in the Web browser preferences

* Smartphones, Google Chrome books, and Android tablets may not be supported. iPads are the only tablets supported.

Participants should have a basic proficiency of the following computer skills:

- Sending and receiving email
- A working knowledge of the Internet
- Microsoft Word (or a program convertible to Word)
- Acrobat PDF Reader
- Windows or Mac OS
- · Video conferencing software

Netiquette (online etiquette)

Students are expected to participate in all discussions and virtual classroom chats as directed. Students are to be respectful and courteous to others on discussion boards. Foul or abusive language will not be tolerated. Do not use ALL CAPS for communicating to others AS IT CAN BE INTERPRETED AS YELLING. Avoid slang terms such as "wassup?" and texting abbreviations such as "u" instead of "you." Limit and possibly avoid the use of emoticons. Be cautious when using humor or sarcasm as tone is sometimes lost in an email or discussion post, and the message might be taken seriously or sound offensive.

Video Conferencing Etiquette

When using Zoom, WebEx, or other video conferencing tools, confirm the visible area is tidy, clear of background clutter, inappropriate or offensive posters, and other distractions. Ensure you dress appropriately and avoid using high traffic or noisy areas. Stay muted when you are not speaking and avoid eating/drinking during the session. Before the class session begins, test audio, video, and lighting to

alleviate technology issues.

Technical Support

Students should go to https://mypassword.pvamu.edu/ if they have password issues. The page will provide instructions for resetting passwords and contact information if login issues persist. For other technical questions regarding eCourses, call the Center for Instructional Innovation and Technology Services at 936-261-3283 or email ciits@pvamu.edu.

Communication Expectations and Standards

Emails or discussion postings will receive a response from the instructor, usually in less than 48 hours. Urgent emails should be marked as such. Check regularly for responses.

Discussion Requirement

Online courses often require minimal to no face-to-face meetings. However, conversations about the readings, lectures, materials, and other aspects of the course can occur in a seminar fashion. The use of the discussion board will accomplish this. The instructor will determine the exact use of discussion boards.

It is strongly suggested that students type their discussion postings in a word processing application such as Word and save it to their PC or a removable drive before posting to the discussion board. This is important for two reasons: 1) If for some reason your discussion responses are lost in your online course, you will have another copy; 2) Grammatical errors can be greatly minimized by the use of the spell-and-grammar check functions in word processing applications. Once the post(s) have been typed and corrected in the word processing application, copy and paste to the discussion board.

COVID-19 Campus Safety Measures

To promote public safety and protect students, faculty, and staff during the coronavirus pandemic, PVAMU has adopted policies and practices to limit virus transmission.

- Self-monitoring Students should follow CDC recommendations for self-monitoring. Students who
 have a fever or exhibit symptoms of COVID-19 should participate in class remotely and should not
 participate in face-to-face instruction.
- Face Coverings Face coverings (cloth face covering, surgical mask, etc.) are recommended in classrooms, teaching laboratories, common spaces such as lobbies and hallways, public study spaces, libraries, academic resource, and support offices, and outdoor spaces where 6 feet of physical distancing is challenging to maintain reliably.
- **Physical Distancing** Physical distancing should be maintained between students, instructors, and others in course and course-related activities where possible.
- Personal Illness and Quarantine Students required to quarantine are to participate in courses and course-related activities remotely and must not attend face-to-face course activities. Students should notify their instructors of the quarantine requirement. Students under quarantine are expected to participate in courses and complete graded work unless they have symptoms that are too severe to participate in course activities. Students experiencing personal injury or illness that is too severe for the student to attend class qualify for an excused absence. To receive an excused absence, students must provide appropriate documentation to the Office for Student Conduct, studentconduct@pvamu.edu.